

Ha - I feel like your poster child :) Thank you for creating this! I live in Santa Rosa so I'll be picking up more. You may quote the above as well. Cheers! **Kevin 9-23-21** ””

”” I started using Nerve Balm a few days ago on my ankle. I was skeptical at first, but I was in pain from a sprained ankle 3 weeks ago. I had been alternating acetaminophen and ibuprofen every 4 hours, well it basically did nothing. When I received the jar of Nerve Balm, I applied it to my ankle and the top of my foot. Before I had finished rubbing it in, the pain was gone. For me, 1 application lasts between 6 and 8 hours, depending upon my activity level. I have shared this amazing balm with my friends and family, they are all amazed how quickly it works. Thank you Dr. Kurn, Sincerely, **JL 11-27-21** ””

”” I purchased a jar of your salve for a dear friend of mine who has stage 4 prostate cancer. He has been suffering from terrible sciatic nerve pain for a very long time. The very first time he used your salve his pain went away. He is completely amazed and extremely grateful!! He made me promise to let you know how well your product worked for him and he expresses his deepest thanks to you. **MC 3-15-22** ””

”” Nerve Balm is very beneficial for my sciatic nerve pain. I rub it on my angle area, on my calf and hip area. Recently it has been very

effective on a lump on my wrist due to arthritis that is causing nerve pain in my hand. So, I tried Nerve Balm on the lump and wrist area and felt relief. I highly recommend this balm. **DV 8-27-22** ””

”” I have had nerve pain in my lower back and hips, which turned into chronic sciatica, since I gave birth a little over a year ago. About 3 months after giving birth, the pain in my hips and legs was so intense I would have to take 2 doses of extra strength pain reliever every night just to sleep. Looking for alternatives for pain management rather than medication, I tried Nerve Balm when I was desperate for relief. To my surprise Nerve Balm is able to suppress my nerve pain when applied directly to my lower back. The balm relieves my nerve pain without the need to take over the counter pain medicine. My pain levels have decreased and I am able to find relief naturally. **J. B.** ””

”” After chemo therapy for Stg 4 Large B Cell Lymphoma, I have experienced neuropathy in my hands and feet and other parts of my body. I had several surgical procedures during my treatment. I have also been a caregiver to my wife who has severe allodynia after a hysterectomy. I have used Nerve balm ever since our discovery of it for my wife's neuropathy. After several weeks of applying the nerve salve to her low back and neck, I believe it had improved the feeling and function of my own fingertips! Now, the neuropathy becomes less painful and apparent, every day. **M. C.** ””

Supplementcreams LLC is very pleased to announce a completely reformulated, potent, Nerve Balm Cream for nerve, joint and soft tissue pain.



Convolvulus Pluricaulis



Sidney Kurn MD Founder and Developer



Nerve Balm 2 oz jar

- Nerve Balm is now formulated as a cream that has a fine, smooth texture with a mild, pleasant scent. It is somewhat more potent than the previous salve
- The cream is formulated to inhibit the body's mechanisms of pain transmission
- It inhibits glutamate, the primary neurotransmitter of pain and contains GABA the body's primary inhibitor of pain
- It also contains vinpocetine, a naturally derived compound that inhibits transmission of nerve impulses along small pain fibers
- Pain inhibition (analgesia) is also generated by 4 essential oils as well as 3 nervines (herbs used traditionally to restore nerves after injury)
- Nerve Balm is anti-inflammatory due to the essential oils and the use of alpha lipoic acid, an essential anti-oxidant and anti-inflammatory molecule in the human body
- Nerve Balm contains three herbs: Bacopa, St. John's Wort and Shankpushpi, traditionally used for restoration of compromised nerves. These herbs also have analgesic and anti-inflammatory properties.

- Nerve Balm also contains DMSO, at a low percentage, to help drive the active ingredients into the skin
- Nerve Balm is manufactured in a professional lab as a small batch, artisanal product with all natural ingredients
- Nerve Balm is very easy to apply and pleasant to use
- Supplementcreams LLC is dedicated to formulating products to help relieve the suffering from pain, particularly mono or polyneuropathy, joint trauma or arthritis and soft tissue strain or sprain
- Nerve Balm is readily available through Farmacopia, Rosemary's Garden and Sutter Health's Institute for Health and Healing and Oliver's Market. It may also be available through your Integrative practitioner and will soon be on Amazon
- Supplementcreams LLC was founded and developed by neurologist Sidney Kurn MD

INGREDIENTS: Distilled Water, Aloe Barbadensis Leaf Juice, Sesamum Indicum (Sesame) Seed Oil, Olea Europaea (Olive) Fruit Oil, Lanolin, Cetearyl Alcohol (and) Cetearyl Glucoside, Magnesium Taurate,

Gamma Aminobutyric acid, Convolvulus pluricaulis (Shankpushi) extract, Hypericum perforatum (St. John's Wort) extract, Bacopa monnieri (Brahmi) extract, Hericium erinaceus (Lion's mane), Alpha lipoic acid, Glycerin, Caprydyl, Capryl Glucoside, Ethyl alcohol, Lecithin, Lavender oil, Rosemary oil, Clove oil, Peppermint oil, Vinpocetine, DMSO, Xanthum gum.

Warnings: Discontinue use if any localized adverse reaction such as irritation, redness or other allergic reaction occurs. Avoid contact of the cream with eyes or mouth. Not for use with children. These indications have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

RECENT TESTIMONIALS

“ I have had 5 spine operations, diabetic neuropathy, stenosing of the spinal cord and frequent cluster headaches. The pain in my feet and legs (thumbtack poke to knife/hammer on feet and toes) have kept me from sleeping for many years. I can only sleep 2-4hrs at a time. I started using your Nerve Balm and I have slept through the night 7-9hrs for the last consecutive 4 days. This is amazing. And the extra sleep is helping me fight off the chronic pain. I simply put it on my feet when I go to bed and cover with a sock. I am a professional touring musician and a composer/producer for film, games, and TV. With the added sleep, I am also more focused on my work.